

Health and Wellness Activity
COVID-19 Resources

February 19, 2021

"Setbacks don't equal failure."



MFP/ANA e-Newsletter

This week's recommended Health and Wellness Activity:

5-Minute Desk Stretch



The following articles may be of interest to you:

The Path to Leadership: Four Nurse Leaders Share Their Story
chwi.jnj.com
[Read more](#)

How to Forgive for Your Emotional Health
healthyplace.com
[Read more](#)

Why Poor Diversity in Medical Research Threatens Health Equity
patientengagementhit.com
[Read more](#)

Health Disparities:

Perceived Discrimination Worsens Pain, Mental Outcomes in Osteoarthritis

docwirenews.com

[Read more](#)

What's Race Got to Do with Getting Your COVID-19 Vaccine?

aarp.org

[Read more](#)

Researchers study impact of COVID-19 pandemic on vaping, e-cigarette use among Hispanic teens

news.fiu.edu

[Read more](#)

Upcoming virtual events:

WHSC Library hosts online screening of “Black Men in White Coats”

Screening Dates: February 17, 2021 @ 6PM through February 20, 2021 @ 6PM. Limited to 300 viewers.

[CLICK HERE TO REGISTER.](#)

Panel discussion co-hosted by Emory SOM and Morehouse will be held February 24, 2021 at 12:00pm/ET.

To register for their screening dates and/or the panel discussion, please visit:

<https://med.emory.edu/about/diversity/bhm.html>



MFP Alumna Shaquita Starks, PhD, APRN, FNP-BC, will Join Emory University's Office of the Provost Faculty Showcase next Monday, February 22, 2021, 4:00pm/ET, to discuss the research, creativity, and diversity of Emory's faculty. Click the link below to register.

<https://provost.emory.edu/faculty/new-faculty/faculty-showcase.html>

A vertical poster with a dark red background and white text. At the top is the 'mfp' logo. The main text reads 'SAVE THE DATE' in large white letters, followed by '2021 Minority Fellowship Program Virtual Intensive Winter Institute'. Below this is a small icon of a person at a laptop, followed by the dates 'March 18-20, 2021'. The theme is listed as 'Leadership, Behavioral Health Policy and Professional Development.' and it states 'Registration is Open!'. At the bottom, it says 'Look for an email invite from anamfp@mcievents.com and register TODAY to reserve your virtual seat.' and provides the email 'janet.jackson@ana.org' for questions.

SAVE THE DATE
2021 Minority Fellowship Program
Virtual Intensive Winter Institute
March 18-20, 2021
Theme: **Leadership, Behavioral Health
Policy and Professional Development.**
Registration is Open!
Look for an email invite from anamfp@mcievents.com
and register TODAY to reserve your virtual seat.
Questions? Email janet.jackson@ana.org

2021 Virtual IWI Confirmed Speakers

2021 MFP Intensive Winter Institute
March 18-20, 2021

CONFIRMED SPEAKERS

ANA President Ernest Grant, PhD, RN, FAAN

Dean Antonia M. Villarruel, PhD, RN, FAAN
Professor and Margaret Bond Simon Dean of Nursing
Senior Fellow, Leonard Davis Institute of Health Economics
University of Pennsylvania School of Nursing

Loretta Jemmott, PhD, RN, FAAN
Vice President and Professor, Health and Health Equity
Drexel University

Geraldine S. Pearson, PhD, APRN, FAAN
Editor-in-Chief, Journal of the American
Psychiatric Nurses Association (JAPNA)

Adrianna Nava, PhD, RN, MPH, MSN
Chief Nurse of Quality Systems Improvement, Edward
Hines, Jr VA Medical Center,
President, National Association of Hispanic Nurses

Barbara J. Hatcher, PhD, RN, MPH, FAAN
President and CEO of the Hatcher Du
Bois-Ordick Group, LLC

Jianghong Liu, PhD, RN, FAAN
Professor of Nursing, Marjorie O. Rendell Endowed
Professor in Healthy Transitions, Faculty Director of Global
Health, University of Pennsylvania School of Nursing

John R. Lowe, PhD, RN, FAAN
Joseph Blades Centennial Memorial
Professor in Nursing, University of Texas at
Austin School of Nursing

Teresa Combs, PhD, APRN-BC
Founder, Living and Growing, LLC

Rick Chilton, PhD
Retired US Army Combat Arms Officer, Former Senior Advisor
to the Minister of Defense of the Republic of Georgia,
Professor of Psychology, Georgia National Defense Academy

Audrey Struck, DNP, AGPCNP-BC, PMHNP-BC
Owner, Struck Medical Group, LLC

Lakeetra Josey, PhD, PMHNP-BC
Co-Founder and Owner, YOUR Center, LLC

ANA

CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.

APPLY NOW AT APPLY.EMFP.ORG

IMFP CALL FOR APPLICATIONS

APPLICATIONS NOW OPEN for the 2021-2022 Academic Year! **Due April 15, 2021.**

The **Interdisciplinary Minority Fellowship Program (IMFP)** is funded by a new grant from the federal **Substance Abuse and Mental Health Services Administration (SAMHSA)**. This fellowship program is designed for master's and doctoral students in psychology, nursing, social work, marriage and family therapy, mental health counseling, and substance use and addictions counseling whose training prepares them for careers in behavioral health services for ethnic and racial minorities who have a mental or cooccurring mental and substance use disorder.

Visit www.apa.org/pi/mfp/psychology/imfp to learn more and to apply.

Applicants must:

- Be U.S. citizens, permanent residents, or noncitizen nationals.
- Have a strong commitment to a career in racial/ethnic minority behavioral health services.
- Complete a community project during each year of funding.
- Sign a letter of commitment attesting that they will work for a period of two years in a capacity that addresses the behavioral health needs of racial and ethnic minority populations

Applicants may apply for more than one MFP fellowship. If accepted to more than one the applicant must choose one fellowship.

STOP COVID-19 XENOPHOBIA

CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



SAMHSA.GOV

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.

Did you enjoy today's e-Newsletter?

- Yes
 No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
 Not likely

Submit

Stay connected! Follow us on social media.

